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by Y Z

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Vaping

Name

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Patient Care

- ▶ Vaping is considered to be less harmful than smoking
- ▶ However, it is still not safe for it still affects the lungs
- ▶ This is because they still expose individuals to chemicals that are toxic
- ▶ It affects an individual by causing lung injuries
- ▶ These injuries have been known to cause death also
- ▶ Sixty deaths have been reported since January 2020 due to vaping (Centers for Disease Control and Prevention, 2020)¹
- ▶ Many people have been affected health wise due to vaping
- ▶ Nurse practitioners should treat individuals with vaping health issues with care
- ▶ This is because, they are like any other patients whose health could get worse

Eligibility and Insurance

- ▶ Sometimes, the health of individual's worsen due to vaping
- ▶ When this happens they either taken to the ICU or provided emergency care
- ▶ Individuals who consume tobacco products indicates that they are covered
- ▶ They mostly purchase insurance in the non-group category
- ▶ However, they face an increase in charges by 50% compared to other individuals (Norcia, 2020)
- ▶ This is because they believed that nicotine is not a tobacco product
- ▶ Hence, insurance covers the charges of a vaping health care situation
- ▶ People who use vaping as a method are eligible: low-income people and non-whites

Population Statistics

- ▶ The United States of America health population are adversely affected by vaping
- ▶ Many youths these days use vaping as a way of smoking their nicotine products
- ▶ For high school students, over 90% of students have been reported using vaping
- ▶ Also, of the U.S youths in 2015, 40% of vape users have never used real tobacco (Park & Klein, 2020)
- ▶ Hence, currently, the number of vape users have highly increased
- ▶ This is because vaping products have low rates per use than cigarettes
- ▶ People also believe that vaping is not as harmful as smoking
- ▶ Sixty deaths have been reported since January 2020 due to vaping
- ▶ The number of vape users continue to increase from 7 million to 41 million
- ▶ These statistics represent from 2011 to 2018

Health Care Cost Reduction

- ▶ No state allows extra charges on vape users in insurance covers
- ▶ This is because it will impact the individuals with low income
- ▶ The heavy tax on vape has made people quits in some states
- ▶ Most insurers are worried because of the increase of health issues due to vaping
- ▶ The healthcare insurance system should reconsider their decisions
- ▶ As many people are becoming obese in the US, will they be overcharged too?
- ▶ Health insurers should provide equality for all individuals covered
- ▶ This includes individuals with health issues related to vaping
- ▶ The penalty should be removed since it affects low-income and non-white people

References

- Centers for Disease Control and Prevention. (2020). Outbreak of Lung Injury Associated with the Use of E-Cigarette, or Vaping, Products. https://www.cdc.gov/tobacco/basic_information/e-cigarettes/severe-lung-disease.html
- Norcia, A. (2020). Health Insurance Companies Can Charge People Who Vape Up to 50% More. Health. <https://www.vice.com/en/article/akwgez/health-insurance-companies-can-charge-people-who-vape-up-to-50-more>
- Park, L., & Klein, D. (2020). Teens and Vaping: What's the Latest Trend.

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Rahma Mungia, Kathleen Case, Melissa Valerio, Marissa Mendoza et al. "Development of an E-Cigarettes Education and Cessation Program: A South Texas Oral Health Network Study", Health Promotion Practice, 2020

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